
















Diabetes Journal Translation

NAME: _____

DATE					
Fasting 60 - 89 					
MEDICINE 					
BREAKFAST 					
Post 100 - 129 					
SNACK 					
LUNCH 					
Post 100 - 129 					
SNACK 					
MEDICINE 					
DINNER 					
Post 100 - 129 					
SNACK 					
MEDICINE 					
EXERCISE 